






McDonald Elementary School: Annual Instructional Overview

movement

Major Curricular Focus Areas:

BODY AWARENESS	ENERGY
Body Parts	Smooth/Sharp Force
Body Shapes	Strong/Light Force
Relationships	Free Flow/Bound Flow
Balance	
 	 

SPACE	TIME
Personal/General Space Levels	Speed
Size	Rhythm
Direction	Pulse, Pattern, Accent
Pathways	
Focus	

Important Information for Parents:

Students learn the elements of dance, increase fitness, choreograph dances with their classmates, practice audience behavior, perform folk dances and student-choreographed dances, and build movement skills. To achieve success, students need to wear tennis shoes and comfortable clothing. It is expected that students show respect for themselves, their classmates, their teacher, and the equipment. They should always give their best effort.

Exciting Events or Field Trips:

- Festival Dance Workshops
- Discover Dance—3rd, 4th, or 5th grades
- McDonald Talent Show (every other year—next show to be in fall of 2014)

Movement Teacher:

Stephanie Sant: sants@msd281.org